**Transcript of Cathedral Podcast**

**‘Disability’**

**Speaker 1**

Busy city life makes it hard to think about and work and integrating our faith with our lives. Welcome to the cathedral podcast, produced and hosted by Jenni Ho-Huan. Each episode, we want to help you relate Christian truths to your daily life. Whether it's science, philosophy, cultural trends or life stories, we bring you authentic and unrehearsed conversations to spark, insight and strengthen your faith and your life.

**Jenni Ho-Huan (JH):**

Hi everyone. You know, as Christians who believe that humans are created in God's image. But typically, in our minds, we are thinking of an average able bodied person. But of course, every society has members who are born different and are differently abled and have difficulties, some of them. How do we perceive, confront and manage this reality? Are there things that we need to address and change in our own thinking and in the way we do church? In the way we reveal human worth, the way we worship, or even work? To discuss this with me, are Leow Wen Pin who is lecturer at the Biblical Graduate School of Theology and also leader of the Koinonia Inclusion Network. Hi Wen Pin glad to have you with us.

Also with us is Sherena. Hi Sherena. Sherena is of course co-founder of the Muscular Dystrophy Association and also Advisory Council member of the same network and the both of you have contributed and are launching a new book called Enabling Hearts: A primer for disability inclusive churches.

Thank you so much for being here and guiding us in our understanding in this very important subject matter. So let's start off with you Wen Pin. Why is disability of interest to you?

**Leow Wen Pin (LWP):**

That's a great question. Interestingly, I mean, I don't appear to have an obvious disability, which most people, so most people ask me why you involved in this area. Actually you know, a number of years back when I made, I answered the call to full time Ministry, I asked God whether or not I should continue serving as a volunteer in the social sector. And asked Him you know if I do continue, where should I continue? And very shortly after, God answered my prayer by calling me to a role at AWWA school, a school for children with moderate to severe disabilities, to help to lead the school there and I was wondering, you know why God did you lead me in this way? And you know, interestingly as I was going through my own theological training, it became clearer and clearer to me why God had brought me there. Because as I was studying, you know, the Bible in seminary, I started to realize that, first of all, the Great Commission is so broad, right? It's it's, it's really bringing the gospel to all the nations, but sometimes we we tend to forget that all the nations include people with disabilities. And you know, as I as I went through further in my own reading the Bible, I saw that Jesus obviously had a very very special heart for what you may call the last, the lost and the least, and especially in Singaporean society, people with disabilities are often marginalized by society, and so Christians have therefore a very important responsibility to reach out to persons with special needs. But maybe the most important reason for why I continue to be involved in this is as I looked at the the Gospels, I saw that Jesus reminded us that every single person is of special worth to him. Every person has the image of God, every single brother and sister in Christ is gifted with the Holy Spirit. I started to get to know more and more people with special needs, I realized that they had also been gifted by the Holy Spirit with gifts to serve the church. So if we don't include them, actually, we are the ones that are disabled. The church is the one that is disabled. And so because of that you know when I graduated from seminary, I was very clear that God had called me in some way to serve the church by helping churches include people with disabilities for our own good.

**JH:**

Thank you. Thank you so much for that. It is indeed true, right? I mean, you look at Jesus, he picks people from the margin so often. The people that the religious establishment wouldn't give the time of the day to. Yeah. So, Sherena, what about yourself?

**Sherena Loh (SL):**

I have a muscle disease called muscular dystrophy, which is regressive muscles in my body. I was diagnosed at the age of 15 and came to know that I may not live beyond 25 years old. Now I'm 61. Though I'm on a wheelchair, a motorised wheel chair to move around, I am living a life to the fullest, including serving God and the people with disabilities. So has proven that my heart is stronger than my muscles. So people with disabilities often regarded as different and incapable like what Wen Pin has said, based on society’s standard of normalcy. And people will feel inadequate to interact and or to include them in the social spaces. So I always look at it with a scenario of two hands need to come together to clap, to make a sound. If one wants to do something in this, for example, if a person with with a normal as a person who feels that they are normal and wanted to approach someone who is differently abled, they need both parties to interact. They need the other party to respond. But if one takes the action and the other doesn't, you don't clap hand at all or there's no sound at all. It miss the clap. So in my whole entire life of living with muscular dystrophy, I've gone through different kind of struggles and challenges. I also observed a lot of things in the society. Of course, in the past, when Singapore wasn't so advanced or educated or equipped, we we are a little bit more way back but I started to realize behavior. I was actually very interested in people's behavior, so that brought me to subsequently take up counseling course and I have the desire to want to connect people and want to advocate for this group of people. But at that age, when I was much younger, I was about 15 in the 20s, I don't know all these things. Information and knowledge wasn't very, very sufficient. But what I actually went through one occasion that changed me. It was long ago when I was still able to walk. While I fall easily, I encountered a pack of dogs along a quiet road of a private estate. In my fright, I fell onto the ground. Two persons whom I spotted ignored my desperate cries for help.

**JH:**

Oh dear.

**SL:**

And by that time, yes, by that time a huge black dog came and stood near me while I was still sitting on the ground. So I was at the eye contact level, eye level with this dog. It offered me a sympathetic look and slowly moved off.

**JH:**

Really. Wow.

**SL:**

Yes, it was a miracle to me. I was shocked. Panic. But I was super amazed. And so this incident left a very deep impression on me. I often wonder as to why the dogs show more sympathy than Man? What is happening to this society? I cried for long time and I wonder and I kept you know, these thoughts keep coming back until it stirred to me to become an active volunteer to serve the people with physical disabilities where I advocate for accessibility and champion for public awareness, for disability. So that to promote integration and inclusion for people with disabilities.

**JH:**

Wow you know I want to tell you both that your stories so far have just been so encouraging. Wen Pin you know, I mean when you were working with AWWA, I mean some people might think you know this is such a small corner of the social space, social sector and might have ambitions to move on to something else. But but you just followed, you just followed it and remained very open to what God was doing in your life. I mean you went to seminary, how the Holy Spirit just kind of like you know weaved it together into this tapestry and led you towards, you know you're calling. And as for you, Sherena, it's so easy to get bitter with an experience like this, I can imagine. But somehow you turned that around and you you turn that traumatic experience into a force of compassion for others. So your stories are so encouraging. Thank you for sharing those stories with us. In your book you guys covered a wide range of disabilities and you know, when I was just looking at the contents page, I realized that you know some of these don't come very quickly to our minds when you think of this. So I was just wondering whether you know Wen Pin would you like to just take us through you know what you actually cover in that book. The scope of it.

**LWP:**

My pleasure. Really, when we were designing the book, we were trying to think about how we could create a one stop shop for any lay Christian who was interested in serving persons with disabilities, just to provide them a a good introduction and overview of that. So so the the book tries to do that and the way we try to do that is, for example, at the start of the book, we provide a quick introduction theologically to disability so we can be equipped with what the Bible says. Then after that we provide a road map for how you can go about setting up a disability ministry, and then after that we we really you know we invite different professionals and you know ministry leaders from different sectors to come and provide input. For example, you know what's the social landscape of disability in Singapore, what are the various types of disabilities, how can we teach children with disabilities, how can we have a physical environment that is accessible for persons with disabilities. But you know, as you mentioned just now, right, there are many, many different kinds of disabilities. So after this kind of, you know general discussion, what we then do is we then start to focus more specifically on specific kinds of disabilities. So for example, Sherena, she wrote the chapter on physical disabilities by focusing on muscular dystrophy. We have other chapters on how do you include people who are blind, who have learning disabilities like dyslexia or intellectual disabilities like Down syndrome so that we can provide very specific tips for Christians who are interested in serving alongside such people. And then finally, to to really insert a sense of groundedness to the whole book, what we then went to do was to get 4 disability ministry leaders from, you know, different churches in Singapore to share their journey about how they went about creating the ministry, some of the challenges they faced, but also some of the the joy and the and and you know how God really met them as they went about doing the ministry and we, we hope that you know the the whole, the comprehensive nature of the book really provides a a good and very grounded introduction to anyone who is interested in this area.

**JH:**

Thank you. Thank you for that, and I'm hearing that the heartbeat of the book as well as the whole inclusion network, is really not so much to just for churches to start ministry because they have to, but really that these ministries are crucial as you said at the start, that the church is actually less abled when we are less inclusive. You know we are leading people out, that God has put in our midst as gifts to us. They are gifts in their life, and they they come bearing gifts to us. Yeah. So I was just wondering also whether the two of you would like to share something from your own experience that have like surprised you, you know, where you have met people and and their gifts have surprised you.

**WP:**

Yeah, I would love to share an example that we actually shared in the book itself. And that's actually one of my committee members in KIN. So one of our committee members, Amy, she has a learning disability, dyslexia. So you know, you you think someone who has dyslexia will have difficulty reading and writing, and she's actually our Secretary.

**JH:**

That's interesting.

**WP:**

The surprising thing for us was you know, recently we were running our course for the Certificate of Christian Disability Ministry and we asked Amy to be the facilitator for our dialogue, one of our dialogue sessions. And she was just amazing, right? She could grasp how the the flow of the conversation, she could summarize the discussion so well, she shared her own experiences as a person with dyslexia, and at the end of the session, everyone was just saying what a wonderful experience that was. And you know, I have got so many stories of this nature to share with you about how persons who you know with disabilities often surprise us with their gifts in so many different areas. And Amy is just one example of that.

**JH:**

Yeah, I I think so because the the whole point is in our society, we grow up thinking of everything in boxes and in categories and we just slot people and slot things in categories including Christian, non-Christian or whatever, you know, charismatic, whatever. So we always have all these labels, right and the labels sometimes just blind us to what is behind the label. Something, there's something growing. There's a possibility, there's a person, and then God is at work in that person. God is at work in that situation, and God is a God of surprises. Yeah.

**SL:**

Yeah, yeah, it's true. Sometimes, I believe that when, even in the Muscular Dystrophy Association, how we practice our taking care of our people, I believe in giving them a, inspire them with the hope and empowering them with the light. Inspiring them with the hope because many of them tend to see their inability. Yeah, they are actually always think that, you know, our muscles actually is so limited, our strength is so limited. It is evident that we have so much weaknesses. So I always tell them that, look at what you have, what you can do and not what you can't because what you can't is very obvious. You can't run, you can’t walk, you can write, you can't even lift up a cup. So then you feel that you are helpless and useless. But yes, by your hope. And with a reality hope, reality goal, they work on it and we empower them, empowering them to believe that they can cause we say “we believe in you, you must believe in yourself”. When they believe in themselves,we affirm them over their every little steps, their every little achievement they have made, though it may seem very normal, very easy to achieve, but not for this group of friends. Then they will actually feel very empowered and once they believe in themselves, they will dare to try more. And when they dare to try more, you'll be one, you'll be surprised that actually they can do so much more. And it has all come from their own self inspiration and aspirations.

**JH:**

That's true. How we, how we view something and whether we fix it on the cup being half empty. Or we consider that hey, the cup is actually half full and maybe there are things I can do to fill it up further. Yeah. What about personally, for you, both of you, how has faith, your faith made the difference. Sherena for you made a difference in your own journey. You know, you, the doctor told you you will live till 25. But here you are 61, looking really radiant. Wonderful. You know, so I'm just wondering. Yeah. And Wen Pin also for you while you were working with those children. And then back in seminary, has there been specific scriptures that have been particularly powerful in guiding you to this place of conviction? Sherena, you go first?

**SL:**

When I was young, in my younger days, I will always refer to Romans. Romans will always teach me about the character to persevere and persevere will build character and character, hope. And all this I gained the strength. Because when I fall, I can't even pick up myself. I got to climb, climb to a, a, a object, or a table or a chair to pull myself up. And everything, it is not my own body strength. I have to keep on praying. Even when I'm sitting down on a chair to get up, it takes a lot of energy. I had to pray and ask God for protection. Ask God to give me the strength. And I realized that not the physical strength that I have, but it's the inner strength that pushed me up. So I believe God is always with me and I have to keep on relying on Him. And now as I grow older, I, I, I mean I start to see things in the even broader perspective. And of course, first Corinthians about, you know, a body that has many parts, you know Church body has many parts. And I see that when the weaker ones are actually indispensable, and we need to honor the body, honour those with special needs and those with that they will actually can rise up and actually have that potential and honor God in their own way, and they themselves, each person themselves, like what Wen Pin say, the Holy Spirit, will be with them, and they themselves can carry that gospel of grace that Jesus has shared with us.

**JH:**

Yeah, you are a living testimony of dependence on God, and yet the the presence as well as the the beauty of God comes through in your life. So that's marvelous. You know, when you're sharing that, I also think that sometimes in our society we have a very strong and weak kind of kind of, you know categorization. So the people who are who are normal so to speak or strong, the people who are less able or differently abled are weak. But I think the Bible’s take might well be quite different, isn't it? I mean, Jesus did not come with the kind of pompous strength. Obviously He's almighty God, but He chose the, the place of weakness, you know, He emptied himself. The Bible tells us. And there is something there, isn't it? Something there, I feel like almost when the people are differently abled, they remind us of this gospel truth. That there is something special in weakness and we all know in our own lives too. I mean, if I I don't have any apparent disability, except for my horrible sense of humour. Ha ha ha. But, but I I think we we all know it that in our moments of abject weakness, when we are most broken, only God strength is also made perfect. So in the body of Christ, isn't it possible and Wen Pin you can chime in and tell me what you think about this, that God is wanting to showcase His strength as we embrace each other, you know and say you are not weaker than me, you have certain weakness, I have certain weakness, we are all weak together in different ways and your weakness is calling out to me to remind me that I am weak. I am not as strong as I think I am. I am and, and you are reminding me to remember that I'm a creature created to be dependent, no matter how independent or how capable or how professional or how successful I, I am. I remain a being created for dependence on God and on others. Yeah. Wen Pin what do you think?

**WP:**

Yeah. In fact, Jenny, your, your, your what you just mentioned is very much my own experience. You know compassion, you know, before I went into full time ministry, I was, you know, working in the public sector. But I think you know, when I was in the public sector, my heart was really in the wrong place. I often look at people you know, and I think about them in terms of how they are useful for the work that we need to do, rather than looking at them as full people. So you know, when I went into full time ministry, I felt that it was also a time for me to to, to purge myself of a kind of very worldly mentality and maybe that's why God let me into work with persons with disabilities. One of the things I've I've learned to learn about this is, you know, we we are very good at comparing ourselves to each other, right? That's why we always look at who's strong, who's weak. We're always trying to justify ourselves with regard to each other. But in many ways, as you just mentioned, God is much more interested about asking us, asking us to compare and relate to Him. So when we compare ourselves we we we put ourselves into strong and weak, but when we compare ourselves to God, of course, before Almighty God, we are all merely creatures before Him. And you know the the wonderful thing about disability is that persons with disabilities are prophetic. They they remind us this. They remind us that you know, for those of us who think we are abled body, we wear a mask, right? we we kid ourselves, we fool ourselves into thinking we are strong, but we are not. We are sinners, just like everyone else. And you know it's a wonderful thing that persons with disabilities do for us, to remind us of who we truly are before God.

**JH:**

True. True. I mean, when, when, when Serena was sharing about her, you know, your work with MDA and how these kids, when they're growing up, they might well think that, you know, they don't have any capability or capacity but they choose, because of that they cannot manufacture a persona. I think they're just being very truly who they are. Of course. I'm not saying it's easy at all. I think it's really, really hard in our society. Like you're right Wen Pin, very, very prophetic, because all of us go around concocting this image that we like to project to the world and we have to thank our brothers and sisters to remind us that our personhood, is what matters, not so much our performance. Yeah. And back to my earlier question Wen Pin, is there any special Scripture that has maybe really spoken to you, or being kind of like a north star for you, in your journey.

**WP:**

I think particularly, I mentioned that I don't have any obvious disabilities, but that's because what I do have is, is I suffer from chronic severe migraines. And you know, there are times where luckily not so frequent anymore, but you know I wake up with a migraine and basically the day is done for that day. It involves lying in bed and trying to turn off all the lights, and lights trigger and cause the pain to be worse. And when when you experience pain, you know, pain is a very mindless thing…

**JH:**

Yes it is. It is, yeah.

**WP:**

It hits you, you know, you know. What is life about? What is life for? And you asked about Scripture text with regard to this and you know in there's a very common text actually talked about in disability circles, which is John 9 right? Why, why why is the man born blind born blind? And the the lesson that Jesus says is that it's not that this man sin or his parents, but that the work of God might be displayed in him. And I hold this text very closely to my heart because it reminds me that even though there is pain, there is purpose in pain. I may not be able to see exactly why, you know, God has chosen me to for this day to basically hurt in this way. There is a real purpose in it. You know, I was chatting with a friend some time back who has depression and he mentioned that during the conversation he felt that I understood his pain. And I told him I think I understand your pain because I go through pain.

**JH:**

That's right. That's right.

**WP:**

It's it's very, it's very enabling for the kind of work that God wants us to do with our lives. So that text that I just mentioned that we through our disabilities, the works of God might be displayed in us, that all glory may go to God.

**SL:**

I totally resonant with you Wen Pin about the purpose, the purpose in the pain. Sometimes I do have that, you know, for no reason I am healthy enough, I don't fall sick easily. And if there is a a time that you actually, I felt sick like, you know, there was once I for no reason I just lost the balance and I fell off the wheelchair. And I got a fractured leg. And I asked, how come this way, you know, it doesn't make sense. And but no, I am actually a very thinking God's purpose all the time. I was gonna say God, what is the purpose now that you made me go through this? Then, not long when I go back to office I don't even really have MC because doctor say you're already on wheelchair so no difference, might as well continue with work. Yeah. The doctors don't give me MC. So when I went back and I heard I got other calls come in and the parents told me that the child fall sick, child fell down and quite a number of the people with muscular dystrophy had a fall and had some form of fracture and then I knew what it meant. So I was able to rally them together and say do you know what I do to myself? I exercise more more than the usual time because when I'm in pain, I push my other muscles to work hard. And in fact, doctor surprised that the growth come back faster. So I motivated them and I always can relate with them because whenever they complain, the certain discomfort they have, I say I have that too. They say you have that, but you don't like look like it. I say, do I have to put a pain face all round all day long and tell everyone I'm in pain? Let the pain be in myself, I overcome my pain through my cheerfulness as I see all of you. I talk to all of you. I get your energy and I enjoy my life and I enjoy talking to you. I forgot my pain. That, that, that changed that.

**JH:**

Wow. That's so good Sherena because you are walking amongst them as one who gets it. And also at the same time modeling for them how to live through the pain, live with it, live through it and grow stronger, to let the pain serve a purpose for them. Yeah. Let pain be purposeful for us in the end. God has a purpose and we can embrace that purpose.

**SL:**

Don't let it waste.

**JH:**

Although while going through it really it's quite “jialat”” . I mean I think all three of us understand, so that physical pain.

**SL:**

Endurance produces character.

**JH:**

Exactly. Exactly. And it, yeah, there is something special going on when you have been in that place of pain. There is something out of our inner being that gives us, it's like, it's like it births something in us, like it births a kind of compassion, that is not a compassion of the feeling. It's something deeper than that right? Something of almost I would like to say of the presence of the kindness of God, because God is kind to us while we're in pain, watching tenderly over us, even if sometimes we can't feel it, and probably can't see it. Yeah. You know the Bible also has some very interesting stories about people with disability. I'm thinking of that story in the Old Testament of this poor chap called Mephibosheth. Yeah. And how, how King David prepared a special place for him. And that, I think is kind of contrary to the popular notions at the time. I mean, I think society has always fundamentally been the same where we judge people as useful or not useful. I don't know whether Wen Pin you have any thoughts to share with us on that, that and juxtaposed with all the Old Testament laws about, you know if you're diseased, go outside the camp, don't infect the rest and all that. Do you have any thoughts on that to share with us?

**WP:**

I'm actually quite delighted that you brought up the story of Mephibosheth because what happens is, as our hearers might know is that Mephibosheth was actually lamed because you're running away and he fell down and because of that he he became physically disabled. But David still welcomed him into his courts. And I thought long and hard about this particular scripture, because I think what is happening in the Gospels is that the gospel writers are showing us that Jesus is David's descendant, the true David, because of the way he welcomes the lame, the blind, the deaf into his banquet as well. So in many ways, Jesus is the fulfillment, He is the true David who welcomes the last, the lost and the least, you know.

**JH:**

That's right. The King of the kingdom that welcomes everyone.

**WP:**

An inclusive kingdom that welcomes those who who are weak. And you know with in relation to this, you mentioned the Old Testament, we sometimes think that you know the Old Testament perhaps is is is quite cruel. You know there’s a wonderful episode that I always like to talk about in Luke, you know, where the leper comes up to to Jesus. And the leper asks Jesus, you know, if you will, you can make me clean.

**JH:**

Yeah, yeah.

**WP:**

And the word clean is very interesting because clean is not a healing word. It's not about health. It’s about being able to be near to people because if you're unclean, you can't go near the other people, right? The leper wants to be included in society. And then Jesus did something very, very unusual, which is he touches the leper. So if you go and read the gospels right, you will never see Jesus touching people when he heals them. But in this particular case, he stretches out his hand and he touches the person. And I think this is the Gospel writer being very, very mindful to show us Jesus including the person, extending His Holiness to the person and when that happens of course the leprosy disappears. And then he tells the leper to go and show himself to the priests so that he can be reintegrated into society again. And this is Jesus just turning the whole clean and unclean laws around and showing us the true meaning of what it means to be part of God's people.

**JH:**

Yeah, I think a lot of times we we see yeah, like you say the Old Testament is being really cruel but what I understand is the laws were given for disease control, not for discrimination. It was to, you know control the disease so that it doesn’t spread in the in the camps back in the days when they were still moving in the camps and all that, yeah. But and then when we move forward into the New Testament, it's very clear that the Kingdom that Jesus inaugurates is a Kingdom that welcomes everybody who wants to come. That story that you tell about the leper is especially moving. I remember reading an article which is the summary of another new book coming up and that is how in a lot of Jesus healing miracles, it is related to reintegrating people back to society because back at that time that was really the culture. They didn't have modern medicine and all that, so once you were sick, there was just a lot of shunning. There was just a lot of discrimination. There was just a lot of rejection from society. I like that you mentioned how Jesus touched this leper. He's not only meeting his physical needs, he is meeting his social needs, he’s meeting his emotional needs, and in the end, of course, he's meeting his spiritual needs, you know. And that's that's a powerful story isn’t it? It really is. Thank you so much for sharing that story with. So, you know, before I let the both of you go, I was just wondering whether you have any closing words as you think about the church in Singapore. What would you like to say to the church in Singapore to encourage us to to grow up in this regard, in terms of how we see strength and weakness, how we understand personhood and how we need to be more inclusive. Sherena, you go first?

**SL:**

I think, accepting one another, love one another, that's what Jesus says. And to love one another, it also means that to remove all the barriers that we have with others, then it will be embraced. But at the same time, people who are different, you know, whether including the families, the caregivers who are taking care of them, they may go through difficult times, face a lot of rejections from the public, from others, even among within the families or sometimes. They have a sense of, no sense of identity. But if they were to, I really just hope that church is a safe space, is a sanctuary for people, including this group, so that even if they can't be fit, don't feel that they fit into the society, they could find a safe space and sanctuary in church.

**JH:**

Thank you. Wen Pin?

**WP:**

[Well, what I would like to say to my brothers and sisters in Christ is this. I like them to remember what the gospel is, right? In the gospel we see Christ on the cross, which the whole world deemed to be a moment of weakness and a moment of shame. But in that moment of weakness, God did a wondrous thing and saved all of us. So Paul talks about that in First Corinthians, right? How he says, talks about the the transformation between the foolishness of the world and what is, and what is wisdom to God? And you know when we embrace people with disabilities, we get to experience the gospel because what the world deems to be weak or sometimes even shameful, as the Church learns to love them and come alongside them, we also see in many ways salvation at work, salvation being played out within the church as we become a church that reflects very much the the character and the ethics of who God is. And so we become the church when we are inclusive. And I'd like to remind my brothers and sisters.](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)

**[JH:](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)**

[Thank you so much. Sherena thank you so much for your brave journey, your life and your sharing with us. You know, even your bubbly energy is just coming through across as I talked to you, it's really amazing, very inspiring. And Wen Pin of course, thank you so much for your very provocative thoughts. I think you're right, we will only be, we are constantly being the church and becoming the church, you know and a big part of that is we must be church the way God has called us to be church, which will include embracing everyone. The both of you have given us much food for thought both with your stories, your insights. So we're very grateful to you. And yes, this is an important journey for all of us to embark on. We look forward to your book and we look forward to the success of the inclusion network and I hope that with this podcast more and more Christians as well as churches will really rethink the way we are church and the way we operate as a church in terms of our activities and our programs, and more fundamentally, remember the gospel, the good news for everyone. Thank you very much.](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)

**[SL:](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)**

[Thank you.](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)

**[WP:](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)**

[Thank you, Jenny.](https://1drv.ms/u/s!AO4pNEGSj-4kgWI)